# preathas memor

16.5

19.5

24.9

14.5

14.5

17.9

9.9

## WINES MENIN

	LRG	X-LRG	<b>TEA \$4.90</b>
\$3.5	\$5.2	\$4.5	<b>ENGLISH BREAKFAST</b>
\$4.7	\$5.2	\$5.7	EARL GREY
\$4.7	\$5.2	\$5.7	GREEN TEA
\$4.7	\$5.2	\$5.7	PEPPERMINT
\$4.9	\$5.5	\$5.9	CHAMOMILE
\$4.9	\$5.5	\$5.9	GINGER + LEMONGRASS
\$4.9	\$5.5	\$5.9	
\$3.5			
	\$4.7 \$4.7 \$4.7 \$4.9 \$4.9 \$4.9	\$3.5 \$5.2 \$4.7 \$5.2 \$4.7 \$5.2 \$4.7 \$5.2 \$4.9 \$5.5 \$4.9 \$5.5 \$4.9 \$5.5	\$4.7 \$5.2 \$5.7 \$4.7 \$5.2 \$5.7 \$4.7 \$5.2 \$5.7 \$4.9 \$5.5 \$5.9 \$4.9 \$5.5 \$5.9 \$4.9 \$5.5 \$5.9

### HAPPY & HEALTHY

ACAI BOWL (V/VG)
Acai Bowl with toasted granola, shredded coconut, &
fresh seasonal fruit

### **SMASHED AVO + FETA (V)** Served on toasted Turkish with poached eggs

Grilled halloumi, spinach, grilled tomato & poached eggs on toasted sourdough with chilli jam relish

### **VEGAN DELIGHT (VG)**

**GRILLED HALLOUMI (V)** 

Toasted sourdough with grilled tomato, sauteed mushrooms, spinach and avocado on toasted sourdough with chilli jam relish

### EGGS

BACON + EGGS BENEDICT	19.9
Two poached eggs served turkish bread with hollandaise sauce	

### SALMON + AVOCADO EGGS BENEDICT

Two poached eggs served on turkish bread with hollandaise sauce

### **EGGS ON TOAST (V)**

Two eggs cooked to your liking served on thick toast

### **BACON + EGGS**

Two eggs cooked to your liking with bacon & thick toast

### **SAUSAGES + EGGS**

Two eggs cooked to your liking with pork chipolatas & thick toast

### WAFFLES

### **BELGIAN WAFFLES (2)**

Served with vanilla ice cream, chocolate ganache & fresh berries

### GREAT CHOICES

BIG BREAKFAST	24.9
Fried eggs, bacon, pork chipolatas, grilled tomato,	
baked beans & hash browns with thick toast	

### 18.5 **RUMP STEAK BREAKFAST**

Grilled rump steak, fried eggs, bacon, grilled tomato & hash browns with thick toast 20.9

### **BREAKY BURGER**

Beef patty, bacon, fried egg, lettuce, tomato, cheese with BBQ sauce served with hash browns

### **BACON + EGG ROLL**

Bacon, fried egg, tasty cheese & BBQ sauce in a toasted burger bun served with hash browns

### **HAM & CHEESE CROISSANT**

### BREAKFAST WRAPS

**BREAKY WRAP** 14.5 Fried eggs, bacon, cheese & BBQ sauce

### **HANGOVER WRAP**

Fried eggs, pork chipolatas, bacon, cheese & BBQ sauce

### ALL WRAPS ARE SERVED WITH HASH BROWNS

### DDEADC+ TOACT

BANANA BREAD banana bread served with butter  RAISIN TOAST Raisin toast served with butter	BREADST IOAS	
		7.0
Raisin toast served with butter	RAISIN TOAST	7.0
	Raisin toast served with butter	

**GLUTEN FREE TOAST** 3.0

### **SMOOTHIES \$10.9**

### **VITALITY**

PICCOLA LATTE

27.9

18.9

15.9

9.9

15.5

Strawberries, mango, raspberries + goji berries

\$3.5

### **DETOX**

Blueberries, banana, dates + boysenberries

### REBOOT

Mango, pineapple, banana + passionfruit

### **ACAI ACTIVE**

Acai, blueberries, banana + dates

### PROTEIN BERRY BLAST

\$10.80 Vanilla protein powder, mixed berries + honey blended with your choice of milk

### **SMOOTHIE ADD ONS**

**Alternative Milk** \$1.00 **Add Protein Powder** \$2.00

### **COLD BEVERAGES**

MILKSHAKES	\$7.90
KIDS MILSHAKES	\$5.90
Chocolate, Strawberry, Lime, Banana,	

ICED COFFEE	\$7.50
ICED MOCHA	\$7.90
ICED WHITE MOCHA	\$7.90
ICED CHOCOLATE	\$7.50

\$6.80

All served with ice-cream + whipped cream

### ICED LATTE

Vanilla + Caramel

Espresso poured over ice and topped with milk

### MILK OPTIONS \$1.00

Lactose Free, Almond, Soy + Oat



### Fio8 corner

### KIDS- AGE 12 + UNDER

BACON + EGG
Bacon, one fried egg and a hashbrown served with
The state of the s

BELGIAN WAFFLE	9.

COCO POPS Kelloggs Coco Pops with your choice of milk	5.9
SCRAMBLED EGGS served with a hashbrown, toast + butter	9.9
TOAST + SPREADS  Your choice of peanut butter, vegemite or strawberry jam	5.9
BACON + EGG MUFFIN served with a hashbrown	9.9
SAUSAGE + EGG served with a hashbrown	9.9



### FRESH JUICE \$12.90

### **THE CLEANSER**

Beetroot, carrot, green apple, orange + ginger

### **IMMUNE BOOSTER**

Carrot, pineapple, lemon, orange + turmeric

### **SURFERS SUNRISE**

Watermelon, orange + pineapple